



Advisory committee members: Noel Dempsey, Phil Uí Mhurchú, Chris Dorgan, Finbarr Coughlan and Lynda Wakefield with (back) Stephen Murphy, Health Action Zone; John O'Mahony, Age Action; Teresa McCarthy, Ballyphehane/Togher CDP, and Ann Long, Cork City Partnership attending Cork Older Peoples' Forum at City Hall.

Picture: Larry Cummins

## Simple changes can make city more age-friendly, says forum

CORK Older People's Forum took steps to making the city more age-friendly at its first meeting yesterday.

Approximately 30 people representing different areas across the city made their thoughts known on issues affecting older people in public spaces, transport, the workplace and more.

Organiser Chris Dorgan, Cork City Council, said that the forum is a positive way for people to change their city for the better.

"A lot of people think that age issues are health issues. Not all of it is negative," he said.

Mr Dorgan said that older people were look-

■ David Linnane

ing for "simple" changes, like getting groups to deliver information to parish newsletters instead of relying on websites. "These changes make things more accessible," he said.

Other priorities include getting more benches with backs in public spaces, and getting healthcare appointments to sync up with public transport timetables.

The views of the forum, chaired by Cork City chief executive Ann Doherty, will be put to an alliance of key policymakers.