



JAN

Jan 2-19 **First Fortnight Mental Health Art & Culture Festival** <https://www.firstfortnight.ie/>  
 Jan 1-31 **Get Ireland Active** Promoting Physical Activity in Ireland <https://www.getirelandactive.ie/>  
 Jan 1-31 **Start Child Health Campaign** [www.makeastart.ie](http://www.makeastart.ie) <https://www2.hse.ie/my-child/>  
 Jan 1- 31 **Lung Cancer Awareness Month** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Jan 8-Feb 26 **Operation Transformation** RTE/HSE/SafeFood <https://ot.rte.ie/>  
 Jan 9 **Ireland Lights Up** Get Ireland Walking <https://www.getirelandwalking.ie/GAA/>  
 Jan 12 **Drink Less Gain More** Self Help Strategies [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie)  
 Jan 18 **National Walking Day** Get Ireland Walking <https://www.getirelandwalking.ie/>  
 Jan 21-27 **European Cervical Cancer Prevention** National Cervical Screening Service <https://www.hse.ie/eng/cervicalcheck/>



FEB

Feb 4 **World Cancer Day** <https://www.worldcancerday.org/> Irish Cancer Society [www.cancer.ie](http://www.cancer.ie)  
 Feb 10 **International Epilepsy Day** Epilepsy Ireland [www.epilepsy.ie](https://www.epilepsy.ie) [www.internationalpilepsyday.org](http://www.internationalpilepsyday.org)  
 Feb 11 **Safer Internet Day** PDST Technology in Education and Webwise [www.webwise.ie/saferinternetday/](http://www.webwise.ie/saferinternetday/)  
 Feb 14 **Love Life Love Walking** HSE <https://www.hse.ie/eng/about/who/healthwellbeing/>  
 Feb 26 **National No Smoking Day** HSE Quitline <https://www.quit.ie/> FREETEXT QUIT TO 50100  
 Feb 29 **Rare Disease Day** Rare Diseases Ireland [www.rdi.ie](http://www.rdi.ie) Eurodis Europe <https://www.rarediseaseday.org/>



MAR

Mar 2-8 **Eating Disorders Week** Bodywhys <https://www.bodywhys.ie/>  
 Mar 4 **Health & Social Care Professions Day** <https://www.hse.ie/eng/about/who/cspd/health-and-social-care-professionals/> [www.hseland.ie](http://www.hseland.ie)  
 Mar 4 **World Obesity Day** EASO <https://easo.org/advocacy/world-obesity-day/>  
 Mar 5 **World Book Day in Ireland** [www.worldbookday.com/world-book-day-Ireland/](http://www.worldbookday.com/world-book-day-Ireland/)  
 Mar 8 **International Women's Day** The National Women's Council [www.nwci.ie](http://www.nwci.ie) <https://www.internationalwomensday.com/>  
 Mar 9-13 **National Scoot to School Week** Green Schools An Taisce <https://greenschoolsireland.org/events/>  
 Mar 12 **World Kidney Day** Irish Kidney Association [www.ika.ie](http://www.ika.ie) <https://www.worldkidneyday.org/>  
 Mar 16-22 **National Brain Awareness Week** Neurological Association of Ireland <https://www.nai.ie/go/brainawarenessweek>  
 Mar 14-24 **European Action Week Against Racism** <http://weekagainstracism.eu/> SARI [www.sari.ie](http://www.sari.ie)  
 Mar 21 **World Down Syndrome Day** Down Syndrome Ireland [www.downsyndrome.ie](http://www.downsyndrome.ie) [www.worlddownsyndromeday2.org/](http://www.worlddownsyndromeday2.org/)  
 Mar 24 **World Tuberculosis Day** [http://www.stoptb.org/events/world\\_tb\\_day/](http://www.stoptb.org/events/world_tb_day/) <https://www.hpsc.ie>  
 Mar 28-Apr 4 **Organ Donation Awareness Week** Irish Kidney Association <https://www.ika.ie/> Organ Donation and Transplant Ireland [odti@hse.ie](mailto:odti@hse.ie)



APR

Apr 1-30 **Bowel Cancer Awareness Month** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Apr 2 **World Autism Awareness Day** Irish Society of Autism <https://autism.ie/>  
 UN <https://www.un.org/en/events/autismday/>  
 Apr 7 **World Health Day** <https://www.who.int/campaigns>  
 Apr 20-26 **European Immunization Week** WHO [euro.who.int/en/health-topics/disease-prevention/vaccines-and-immunization/european-immunization-week](http://euro.who.int/en/health-topics/disease-prevention/vaccines-and-immunization/european-immunization-week)  
 Apr 22 **Earth Day Cities** <https://www.earthday.org/> Friends of the Earth [www.foe.ie](http://www.foe.ie)  
 Apr 27-May 1 **National Active School Week** Active School Flag <https://activeschoolflag.ie/index.php/active-school-week/>  
 Apr 28 **World Day for Safety and Health at Work** UN <https://www.un.org/en/events/safeworkday/> Health and Safety Authority [www.hsa.ie](http://www.hsa.ie)  
 Apr 20-24 **National Arthritis Week** Arthritis Ireland <https://www.arthritisireland.ie/>



MAY

May 1 **National Workplace Wellbeing Day** [www.wellbeingday.ie](http://www.wellbeingday.ie)  
 May 1-31 **Sunsmart** Skin Cancer Prevention Month [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 May 1-31 **Bealtaine Festival** Age and Opportunity <http://bealtaine.ie/>  
 May 5 **World Asthma Day** Asthma Society of Ireland <http://www.asthma.ie/> GINA [www.ginasthma.org/World-Asthma-Day](http://www.ginasthma.org/World-Asthma-Day)  
 May 5 **World Hand Hygiene Day** HSE Health Care Association Infection <https://www.hse.ie/eng/about/who/healthwellbeing/our-priority-programmes/hcai/>  
 WHO <https://www.who.int/infection-prevention/campaigns/clean-hands/en/>  
 May 5 **International Midwives' Day** HSE [www.hse.ie](http://www.hse.ie) <https://www.internationalmidwives.org/>  
 May 8 **World Ovarian Cancer Day** Irish Cancer Society [www.cancer.ie](http://www.cancer.ie)  
 May 11-15 **Walk to School Week** Green Schools An Taisce <https://greenschoolsireland.org/events/>  
 May 12 **World Fibromyalgia Day** Arthritis Ireland [https://www.arthritisireland.ie/go/information/booklets/living\\_with\\_fibromyalgia](https://www.arthritisireland.ie/go/information/booklets/living_with_fibromyalgia)  
 May 12 **International Nurses Day** INMO [www.inmo.ie](http://www.inmo.ie) HSE [www.hse.ie](http://www.hse.ie)  
 May 18-24 **National Volunteering Week** [www.volunteer.ie](http://www.volunteer.ie)  
 May 25-31 **European Week Against Cancer** [www.europeancancerleagues.org/European-week-against-cancer/](http://www.europeancancerleagues.org/European-week-against-cancer/)  
 May 29-31 **Community Games** [www.communitygames.ie](http://www.communitygames.ie)  
 May 30 **World MS Day** MS Ireland [www.ms-society.ie](http://www.ms-society.ie) [worldmsday.org/](http://worldmsday.org/)  
 May 31 **World No Tobacco Day** HSE Quit [www.quit.ie](http://www.quit.ie) WHO <https://www.who.int/tobacco/wntd/en/>  
 May 31 **Dublin Women's Mini Marathon** <http://www.vhiwomensminimarathon.ie>



JUN

Jun 5 **World Environment Day** UNEP <https://www.worldenvironmentday.global/> <http://www.askaboutireland.ie/>  
 Jun 6-14 **National Bike Week** Department of Transport, Tourism and Sport [www.dttas.gov.ie](http://www.dttas.gov.ie)  
 Jun 8-14 **National Carers' Week** Care Alliance Ireland [www.carealliance.ie](http://www.carealliance.ie)  
 Jun 15-22 **Men's Health Awareness Week** Men's Health Forum in Ireland [www.mhfi.org](http://www.mhfi.org)  
 Jun 14 **World Blood Donor Day** IBTS <http://www.giveblood.ie/>  
 WHO <https://www.who.int/campaigns/world-blood-donor-day>  
 Jun 20 **World Refugee Day** UN <https://www.un.org/en/events/refugeeday/>  
 Jun 26 **International Day Against Drug Abuse and Illicit Trafficking** HRB [www.drugsandalcohol.ie](http://www.drugsandalcohol.ie) UNOCD  
<https://www.unodc.org/drugs>



JUL

Jul 11 **World Population Day** UN <https://www.un.org/en/events/populationday/>  
 Jul 28 **World Hepatitis Day** World Hepatitis Alliance [www.worldhepatitisalliance.org](http://www.worldhepatitisalliance.org) Hepatitis Partnership  
[www.hepinfo.ie](http://www.hepinfo.ie)



AUG

Aug 1-7 **World Breastfeeding Week** WABA <https://waba.org.my/> HSE [www.mychild.ie](http://www.mychild.ie)  
 Aug 12 **International Youth Day** UN <https://www.un.org/en/events/youthday/>  
 Aug 14-16 **Community Games** [www.communitygames.ie](http://www.communitygames.ie)  
 Aug 19 **World Humanitarian Day** UN <https://www.un.org/en/events/humanitarianday/>



SEP

Sept 1-30 **Heart Month** Irish Heart Foundation [www.irisheart.ie](http://www.irisheart.ie)  
 Sept 4 **World Sexual Health Day** HSE <http://www.sexualwellbeing.ie/> WHO [www.who.int/](http://www.who.int/)  
 Sept 9 **International Fetal Alcohol Spectrum Disorders (FASD)** WHO [www.who.int/](http://www.who.int/) HSE  
[www.askaboutalcohol.ie](http://www.askaboutalcohol.ie)  
 Sept 10 **World Suicide Prevention Day** HSE [www.yourmentalhealth.ie](http://www.yourmentalhealth.ie) IASP [www.iasp.info/wspd/](http://www.iasp.info/wspd/)  
 Sept 15 **World Lymphoma Awareness Day** Lymphoma Forum of Ireland [www.lymphomaforum.ie](http://www.lymphomaforum.ie)  
[www.cancer.ie](http://www.cancer.ie)  
 Sept 17 **World Patient Safety Day** HSE [www.hse.ie/eng/about/qavd/patient-safety](http://www.hse.ie/eng/about/qavd/patient-safety) [www.who.int](http://www.who.int)  
 Sept 21 **World Alzheimer's Day** Alzheimer's Disease International [www.alzheimer.ie](http://www.alzheimer.ie) HSE  
[www.understandtogether.ie](http://www.understandtogether.ie)  
 Sept 22 **World Car-Free Day** [www.infocarfreeday.net/](http://www.infocarfreeday.net/) <http://www.dublincity.ie/>  
 Sept 24 **National Fitness Day** [www.nationalfitnessday.ie](http://www.nationalfitnessday.ie)  
 Sept 26 **World Contraceptive Day** [www.who.int](http://www.who.int) HSE [www.sexualwellbeing.ie](http://www.sexualwellbeing.ie)  
 Sept 27 **National Community Walking Day** Get Ireland Walking <https://getirelandwalking.ie>  
 Sept 28-Oct 2 **Positive Ageing Week** <http://www.positiveageingweek.com/>  
 Sept 23-30 **European Week of Sport** [www.ec.europa.eu/sport/week\\_en](http://www.ec.europa.eu/sport/week_en)  
 Irish Sports Council <https://www.sportireland.ie/>



OCT

Oct 1 **International Day of Older Persons** WHO [www.who.int](http://www.who.int) Age Action [www.ageaction.ie](http://www.ageaction.ie)  
 Oct 6-Nov 6 **MS Readathon** Multiple Sclerosis Ireland <https://www.msreadathon.ie/>  
 Oct 1-31 **Breast Cancer Awareness Month** Irish Cancer [www.cancer.ie](http://www.cancer.ie) Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Oct 1-7 **National Breastfeeding Week** HSE [www.mychild.ie](http://www.mychild.ie) La Leche League [www.lalecheleagueireland.com](http://www.lalecheleagueireland.com)  
 Oct 5 **World Teachers' Day** UNESCO [www.unesco.org](http://www.unesco.org) [www.asti.ie](http://www.asti.ie) [www.tui.ie](http://www.tui.ie)  
 Oct 8 **World Sight Day** NCBI [www.ncbi.ie](http://www.ncbi.ie) IAPB <http://www.iapb.org/>  
 Oct 10 **World Mental Health Day** HSE [www.yourmentalhealth.ie](http://www.yourmentalhealth.ie) WHO [www.who.int](http://www.who.int)  
 Oct 13-19 **International Infection Prevention Week** HSE [www.hse.ie/handhygiene](http://www.hse.ie/handhygiene)  
 IIPW [professionals.site.apic.org/iipw/](http://professionals.site.apic.org/iipw/)  
 Oct 16 **European Restart a Heart Day** HSE National Ambulance Service [www.hse.ie/restartaheart](http://www.hse.ie/restartaheart)  
 Oct 16 **World Food Day** [www.scoilnet.ie](http://www.scoilnet.ie) [www.worldfoodday.ie](http://www.worldfoodday.ie)  
 Oct 20 **World Osteoporosis Day** <http://www.worldosteoporosisday.org/>  
 Oct 25 **Dublin City Marathon** [www.kbcdublinmarathon.ie](http://www.kbcdublinmarathon.ie)



NOV

Nov 1-30 **November Prostate Cancer Awareness Campaign** ICS [www.cancer.ie](http://www.cancer.ie)  
 Marie Keating [www.mariekeating.ie](http://www.mariekeating.ie)  
 Nov 12 **World Pneumonia Day** <https://stoppneumonia.org/latest/world-pneumonia-day/>  
 Nov 14 **World Diabetes Day** Diabetes Ireland [www.diabetes.ie](http://www.diabetes.ie)  
 Nov 16 **World COPD Day** COPD Support Ireland [www.copd.ie](http://www.copd.ie)  
 Nov 18 **European Antibiotic Awareness Day** EAAD <https://antibiotic.ecdc.europa.eu/en>  
 Nov 19 **International Men's Health Day** [www.internationalmensday.com](http://www.internationalmensday.com) Men's Health Forum [www.mhfi.org](http://www.mhfi.org)  
 Nov 16-20 **EU Action on Alcohol Week** HSE [www.askaboutalcohol.ie](http://www.askaboutalcohol.ie) <http://www.awarh.eu/>  
 Nov 20 **Universal Children's Day** <https://www.un.org/en/observances/world-childrens-day>  
<https://www2.hse.ie/my-child/>



DEC

Dec 1 **World Aids Day** [www.worldaidsday.org/events](http://www.worldaidsday.org/events) HSE [www.sexualwellbeing.ie](http://www.sexualwellbeing.ie)  
 Dec 3 **International Day of Persons with Disabilities** <https://www.un.org/development/desa/disabilities/>  
 Inclusion Ireland <http://www.inclusionireland.ie>  
 Dec 5 **International Volunteer Day** [www.volunteer.ie](http://www.volunteer.ie)  
 Dec 10 **International Human Rights Day** Irish Human Rights Commission [www.ihrc.ie](http://www.ihrc.ie)  
 Dec 18 **UN international Migrants Day** UN <https://www.un.org/en/observances/migrants-day>

