

JAN

Jan-Dec EU Fruit and Vegetable campaign 2023 [Bord Bia](#) [Free e-cookbook](#)  
 Jan 4-Mar 1 [Operation Transformation](#) RTE/HSE  
 Jan 5 [Drink Less January](#) HSE [Ask about Alcohol](#)  
 Jan 6-15 [First Fortnight](#) Mental Health Art & Culture Festival  
 Jan 11-1 Mar [Ireland Lights Up](#) Community Walking GAA Get Ireland Walking  
 Jan 17-23 [European Cervical Cancer Prevention](#) [National Cervical Screening Service](#)  
 Jan 17 [START](#) Child Healthy Eating Campaign  
 Jan-Dec [Food Dudes](#) Healthy Eating programme [An Bord Bia](#)  
 Jan-Dec [Park Run](#)

FEB

Feb 4 [World Cancer Day](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 Feb 6 [Day of Zero Tolerance for Female Genital Mutilation](#) UN [HSE](#) [National Social Inclusion](#)  
 Feb 7 [Safer Internet Day](#) [Webwise](#)  
 Feb 13 [International Epilepsy Day](#) [Epilepsy Ireland](#)  
 Feb 14 [Healthy Weight](#) Young Adults Weight Prevention Campaign DOH Healthy Ireland  
 Feb 15 [International Childhood Cancer Day](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 Feb 20 [World Day of Social Justice](#) UN  
 Feb 22 [National No Smoking Day](#) [Quit Smoking HSE](#)  
 Feb 27-Mar 5 [Eating Disorder Awareness Week](#) [Bodywhys](#)  
 Feb 27-26 Mar [Marchathon Step Challenge](#) National Transport Authority Ireland  
 Feb 28 [Rare Disease Day](#) Rare Diseases Ireland

MAR

Mar 1-31 [Endometriosis Awareness Month](#) [Endometriosis Association of Ireland](#)  
 Mar 4 [World Obesity Day](#) [EASO](#) [WODAY](#)  
 Mar 4 [Dementia Day](#) [Alzheimer's Society of Ireland](#)  
 Mar 4 [International HPV Awareness Day](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 Mar 6 [World Lymphoedema Awareness Day](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 Mar 6-13 May [Ready, Set, Cycle Programme](#) National Transport Authority Ireland  
 Mar 8 [International Women's Day](#) The National Women's Council  
 Mar 9 [World Kidney Day](#) [Irish Kidney Association](#)  
 Mar 13-19 [Brain Awareness Week](#) [Neurological Alliance of Ireland](#)  
 Mar 13-19 [Nutrition and Hydration Week](#)  
 Mar 16-24 [European Action Week Against Racism](#)  
 Mar 17 [World Sleep Day](#)  
 Mar 21 [World Down Syndrome Day](#) [Down Syndrome Ireland](#)  
 Mar 21 [International Day for the Elimination of Racial Discrimination](#) UN HSE [National Social Inclusion Office](#)  
 Mar 22 [World Water Day](#)  
 Mar 24 [World Tuberculosis Day](#) [Tuberculosis Service](#)  
 Mar 27-31 [Scoot to School Week](#) An Taisce

APR

April 1-30 [National Spring Clean Programme](#) An Taisce  
 April 1-30 [Bowel Cancer Awareness Month](#) [Bowel Screen](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 April 1-30 [Testicular/Oesophageal Cancer Awareness Month](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 Apr 2 [World Autism Awareness Day](#) [Irish Society of Autism](#)  
 Apr 3-10 Adolescent and Young Adult AYA Cancer Awareness Week [Irish Cancer Society](#)  
 Apr 7 [World Health Day](#)  
 Apr 8 International Traveller and Roma Day HSE [National Social Inclusion Office](#)  
 Apr 24-30 [World Immunisation Week](#)  
 Apr 24-30 [National Arthritis Week](#) [Arthritis Ireland](#)  
 Apr 28 [World Day for Safety and Health at Work](#) UN  
 Apr 28 [National Workplace Wellbeing Day](#) IBEC

MAY

May 1-31 [EU Diversity Month](#)  
 May 1-31 [Sunsmart](#) Skin Cancer Prevention Month [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 May 1-31 Brain Tumour Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 May 1-31 [Bealtaine Festival](#) Age and Opportunity  
 May 3 [World Asthma Day](#) [Asthma Society of Ireland](#)  
 May 5 [World Hand Hygiene Day](#)  
 May 5 [International Day of the Midwives' Day](#) [IMNO](#)  
 May 8 [World Ovarian Cancer Day](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)  
 May 12 [World Fibromyalgia Day](#) [Arthritis Ireland](#)  
 May 12 [International Nurses Day](#) [INMO](#)  
 May 13-21 [National Bike Week](#) National Transport Authority An Taisce Green Schools  
 May 15-21 [National Volunteering Week](#) Volunteer Ireland  
 May 17 [International Day Against Homophobia, Biphobia & Transphobia](#) [IDAHOT](#) [LGBT Ireland](#) [Belong To](#)  
 May 18 [European Cancer Nursing Day](#)  
 May 19 [World Family Doctor Day](#) [IMO](#) [ICGP](#)  
 May 19 [World IBD Day](#) [Crohn's & Colitis Ireland](#)  
 May 20 [International Clinical Trials Day](#)  
 May 20-27 [Organ Donation Awareness Week](#) [Irish Kidney Association](#)  
 May 21 [World Day for Cultural Diversity for Dialogue and Development](#) UN  
 May 22-26 [European Public Health Week](#)  
 May 25-31 [European Week Against Cancer](#)  
 May 29 [World Health Digestive Day](#)  
 May 30 [World Multiple Sclerosis Day](#) [MS Ireland](#)  
 May 31 [World No Tobacco Day](#) [WHO](#) [Quit Smoking HSE](#)

JUN

Jun 1-30 **Cavernoma Awareness Month Cavernoma Ireland**  
 Jun 4 **Cancer Survivors Day** [Irish Cancer Society Marie Keating Foundation](#)  
 Jun 5 **World Environment Day** [UNEP](#)  
 Jun 12-18 **National Carers' Week** [Care Alliance Ireland](#)  
 Jun 12-18 **Men's Health Awareness Week** [Men's Health Forum in Ireland](#)  
 Jun 14 **World Blood Donor Day** [IBTS](#)  
 Jun 15 **World Elder Abuse Awareness Day** [UN HSE National Safeguarding Office](#)  
 Jun 16 **World Kidney Cancer Day**  
 Jun 20 **UN World Refugee Day** [UNHCR Ireland](#) [HSE National Social Inclusion Office](#)  
 Jun 21 **UN International Day of Yoga**  
 Jun 26 **UN International Day Against Drug Abuse and Illicit Trafficking**

JUL

Jul 1-31 **Sarcoma Awareness Month** [Irish Cancer Society Marie Keating Foundation](#)  
 Jul 11 **UN World Population Day**  
 Jul 27 **World Head & Neck Cancer Day**  
 Jul 28 **World Hepatitis Day** [Hepatitis C Ireland](#)  
 Jul 30 **International Day of Friendship**

AUG

Aug 1-7 **World Breastfeeding Week** [WABA](#) [HSE Breastfeeding Support](#)  
 Aug 12 **International Youth Day** [UN](#)  
 Aug 19 **World Humanitarian Day** [UN](#)  
 Aug 31 **International Overdose Awareness Day** [HSE Drugs](#) [HSE Social Inclusion](#)

SEPT

Sept 1-30 **Heart Month** [Irish Heart Foundation](#)  
 Sept 1-31 **Childhood Cancer Awareness Month** [Irish Cancer Society Marie Keating Foundation](#)  
 Sept 1-31 **See Change Green Ribbon Campaign** [Mental Health Campaign](#)  
 Sept 1-31 **Blood Cancer Awareness Month**  
 Sept 1-31 **Gynae Oncology Awareness Month** [Irish Cancer Society Marie Keating Foundation](#)  
 Sept 4 **World Sexual Health Day** [HSE](#)  
 Sept 4-11 **Migraine Awareness Week** [Migraine Ireland](#)  
 Sept 7 **World Duchenne Awareness Day**  
 Sept 9 **International Fetal Alcohol Spectrum Disorders (FASD)**  
 Sept 10 **World Suicide Prevention Day** [HSE](#) [www.yourmentalhealth.ie](#)  
 Sept 10-16 **Palliative Care Week** [All Ireland Institute of Hospice and Palliative Care \(AIHPC\)](#)  
 Sept 13 **World Sepsis Day**  
 Sept 15 **World Lymphoma Awareness Day** [Lymphoma Forum of Ireland](#)  
 Sept 15 **Mouth Cancer Awareness Day**  
 Sept 17 **World Patient Safety Day** [HSE Patient Safety](#)  
 Sept 20-26 **European Sustainable Development Week** [ESDW](#)  
 Sept 21 **World Alzheimer's Day** [Alzheimer's Society of Ireland](#)  
 Sept 21 **International Day of Peace** [UN](#)  
 Sept 22 **Culture Night**

OCT

Sept 23-30 **European Week of Sport** [Sport Ireland](#)  
 Sept 24 **World Cancer Research Day** [Irish Cancer Society](#)  
 Sept 24 **National Walking Day** [Get Ireland Walking](#)  
 Sept 25 **The Great Dublin Bike Ride** [Cycling Ireland](#)  
 Sept 29 **International Day of Awareness of Food Loss and Waste**  
 Sept 29 **World Heart Day** [Irish Heart Foundation](#)  
 Sept 30 **International Recovery Day** [HSE Drugs and Alcohol Information and Support](#)  
 Oct 1 **International Day of Older Persons** [Age Action](#)  
 Oct 1-7 **National Breastfeeding Week** [HSE Breastfeeding Support](#)  
 Oct 1-31 **International Walk to School Month** [An Taisce](#)  
 Oct 1-31 **Health Literacy Month** [NIH](#)  
 Oct 1-31 **Breast Cancer Awareness Month** **Breast Check** [Irish Cancer Society Marie Keating Foundation](#)  
 Oct 2-29 **Walktober Step Challenge** [National Transport Authority Ireland](#)  
 Oct 5 **World Teachers' Day** [UNESCO](#)  
 Oct 6 **National Potato Day** [Bord Bia](#)  
 Oct 7 **World Hospice and Palliative Care Day**  
 Oct 10 **World Mental Health Day** [HSE Your Mental Health Aware](#) [Mental Health Ireland Aware](#)  
 Oct 11 **National Coming Out Day** [HSE National Social Office](#)  
 Oct 13 **World Sight Day**  
 Oct 13 **International Day for Disaster Risk Reduction**  
 Oct 15 **Developmental Language Delay DLD Awareness Day**  
 Oct 16-22 **International Infection Prevention Week** [IIPW](#)  
 Oct 16 **European Restart a Heart Day** [ERC](#)

NOV

Oct 16 **World Food Day**  
 Oct 18 **World Menopause Day**  
 Oct 20 **World Osteoporosis Day**  
 Oct 29 **World Stroke Day** [Irish Heart Stroke Support](#)  
 Nov 1-30 **Global Lung Cancer Awareness Month** [Irish Cancer Society Marie Keating Foundation](#)  
 Nov 1-30 **MS Readathon** [Multiple Sclerosis Ireland](#)  
 Nov 1-30 **November Prostate Cancer Awareness Campaign** [Irish Cancer Society Marie Keating Foundation](#)  
 Nov 12 **World Pneumonia Day**  
 Nov 14 **World Diabetes Day** [Diabetes Ireland](#) [Diabetic Retina Screen](#)  
 Nov 14 **Bereaved Children's Awareness Week** [Irish Childhood Bereavement Network](#)  
 Nov 18 **World COPD Day** [COPD Support Ireland](#)  
 Nov 18 **European Antibiotic Awareness Day** [EAAD](#) <https://antibiotic.ecdc.europa.eu/en>  
 Nov 19 **International Men's Health Day** [Men's Health Forum](#)  
 Nov 20 **Universal Children's Day**  
 Nov 25 **International Day of Elimination of Violence against Women** [HSE National Social Inclusion Office](#)

DEC

Nov 28-2 Dec **Awareness Week on Alcohol Harm** [HSE Alcohol Resources](#)  
 Dec 1 **World Aids Day**  
 Dec 3 **International Day of Persons with Disabilities** [Disability Federation of Ireland](#)  
 Dec 5 **International Volunteer Day** [UN Volunteer Ireland](#)  
 Dec 10 **International Human Rights Day** [UN Irish Human Rights and Equality Commission](#) [HSE Social Inclusion Office](#)  
 Dec 18 **International Migrants Day** [UN](#) [HSE Social Inclusion Office](#)

